

Bok Choy Toy Choy Variety PLANTING GUIDE

Fun fact: Bok choy (aka Pak Choi) is part of the mustard family and is a type of Chinese cabbage.

HOW TO PLANT:

1. **Remove any weeds from the bed** (trowels & gloves in Garden Box-see map).
2. **Discuss where your two vegetables will be planted with respect to sunlight.** Toy Choy is a miniature variety and grows just **5" tall**.
3. **Row spacing.** Most plots will only accommodate 1 or 2 rows of bok choy. **Space rows 18" apart.** Use trowel to define **SHALLOW trough ¼ deep**. Consider where your rows will be relative to the drip irrigation lines, which should be arranged to provide even watering.
4. **Planting seeds.** **Group of 3 seeds every 6"**. Bok Choy seeds are very small and difficult to grab with fingers. A good alternative is to carefully pour the seeds into the mini cups provided (enough for half the class). Very lightly cover with soil. Remember ¼" is NOT VERY DEEP.
5. **Mark your seed grouping.** Place a popsicle stick NEAR (not on top of) each seed grouping. Sticks tell us where we need to pay attention (i.e. watch for seedlings and where NOT to step).
6. **Water the beds (if desired) using watering can or hose (see garden map).** The drip irrigation system will provide water on a regular basis so it is not necessary. Show kids where the holes are in the irrigation lines.
7. **Clean and return any used trowels and gloves to the Garden Box.** Please keep gloves together in pairs as found.

MONITORING:

1. **Appearance of seedlings.** Seedlings should appear in **5-10 days**.
2. **Once 2" tall, thin to 1 seedling every 6"**.
3. **Observe your plants regularly.**
4. **Insects.** Look for insects that might munch on the leaves!

HARVEST:

- ~ **30-35 days (Toy Choy Bok Choy)** post-planting to harvest
- Teachers and Garden Liaisons should remain in contact with each other for periodic updates and eventually the HARVEST!
- Harvest when leaves are 5" tall. Cut at base.

[https://www.botanicalinterests.com/product/bok-choy-toy-choy-seeds/srch:toy choy](https://www.botanicalinterests.com/product/bok-choy-toy-choy-seeds/srch:toy%20choy)